Instructions for Outpatient Surgery

Patient’s Last Name: ________________________ Surgery Date: ___________________________

After Your Pre-Operative Visit in Our Office:

• Check in at the Information Desk located in the main lobby of Fauquier Hospital. You will then be directed to Outpatient Registration.
• Proceed to the Pre-Admissions Testing Department (if applicable). The nurses will orient you to the hospital, see that any testing required is completed, and all information required is obtained.
• If asked to, obtain pre-operative medical clearance. IF OUR OFFICE DOES NOT RECEIVE DOCUMENTED MEDICAL CLEARANCE, YOUR SURGERY MAY BE CANCELLED!

The Day BEFORE Your Surgery:

• The hospital will call you with the exact time to show up for surgery.
• You may eat a regular dinner, but do not eat excessive amounts of food or drink after dinner including alcoholic beverages.
• If you are >12 years of age, ABSOLUTELY NO FOOD OR BEVERAGES SHOULD BE CONSUMED AFTER MIDNIGHT except for sips of water to take any needed medications.

The Day of Your Surgery:

• ONLY if you are <12 years of age and surgery is scheduled in the afternoon, you may give your child the following:
  • May have non-clear liquids (ie formula, but NOT milk), up to 4 hours before surgery. Limit to < 6 ounces total however.
  • May have clear liquids (jello, apple-juice, water, etc) up to 2 hours before surgery. Limit to < 6 ounces total however.
  • ABSOLUTELY NO gum-chewing, NO candy, NO mints.
• Check in at the Information Desk at the time specified by the hospital. You will then be directed to the preparation and holding room in the surgical wing. When you come for surgery:
  • Do not bring money, jewelry, or other valuables
  • Do not wear nail polish, make-up, body lotion, or powder
  • Wear comfortable clothing that is easy to take on and off.
  • In the case of small children, security items and quiet diversion activities are welcome (ie, blankets, stuffed animals, books).
• A responsible adult must be available to drive you home.
• Do not spend the first night alone.

If you have any questions, please do not hesitate to contact us.