CONSENT FOR HOME ALLERGY SHOTS or SUB-LINGUAL ALLERGY DROPS (SLIT)

Regardless of whether home allergy shots or sub-lingual allergy drops are pursued, they both have risks. Prior to initiation of treatment, you must understand that:

1) Clearly, use of allergy drops or home allergy shots are done in a non-medical setting (ie, home). However, you must be made aware that allergy shots/drops contain allergen extracts that carry a BLACK BOX warning. The black box warning specifically states that use of the allergen extract may potentially elicit a severe life-threatening systemic reaction, rarely resulting in death. Therefore, emergency measures and personnel trained in their use must be available immediately in the event of such a reaction. The warning also specifically states that patients should be observed in the office for at least 30 minutes after treatment. You have been made aware and accept the risk of using allergy shots or allergy drops in a non-medical setting in spite of the black box warning.

2) Should you start taking a beta-blocker medication (used to treat high blood pressure) or become pregnant, you are obligated to inform our office as well as stop administering allergy drops or shots immediately.

3) While receiving allergy drops or shots at home, you agree to and will have an up-to-date epi-pen immediately available should a serious adverse reaction occur. If your epi-pen has expired, it is your responsibility to inform our office immediately for a refill.

Sub-lingual immunotherapy (allergy drops) also has the following risks even though it is considered much safer than allergy shots. Prior to initiation of treatment, you must understand that:

1) This treatment is NOT covered by insurance at this time and thus is an out-of-pocket expense.

2) This treatment is NOT approved by the FDA and as such is being used “off-label”.

3) Even though considered very safe (< 0.1% chance for severe reactions), it does not have a ZERO percent risk of complications. There is still the possibility for severe reactions that may even be life-threatening.

With allergy shots...

1) Even though you have received allergy shots for months to years without any serious adverse reactions, there is still the possibility for a severe reaction that may occur at any point and may even be life-threatening.

I have read and understood this form. ________ (Initial)

I have received answers to all my questions to my satisfaction. ________ (Initial)

I understand and accept all the risks associated with this treatment in spite of the warnings listed above and wish to proceed with allergy drops/shots administered in a non-medical setting lacking immediate healthcare supervision.

___________________________  ______________________________
Name of Patient                        Signature of Patient or Guardian

_____________________________
Date

Christopher Chang, MD